

W. Nathaniel Mason, PhD, NCC

William & Mary · Department of School Psychology and Counselor Education
301 Monticello Ave, Williamsburg, VA 23185 · (804) 380-4590 · wnmason@email.wm.edu

EDUCATION

Ph.D.	College of William & Mary- Williamsburg, VA Counselor Education and Supervision	May 2021
M.Ed.	College of William and Mary, Williamsburg, VA	May 2018

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Department of Counselor Education Service, St. Bonaventure University

- Course Lead for CE 530 (Theories & Techniques in Counseling) and CE 550 (Group Counseling)
- Course Lead for CE 540 (Diagnosis and Psychopathology), CE 637 (Clinical Mental Health Counseling in Community Settings) and CE 560 (Testing and Appraisal)
- Chapter Faculty Advisor- Chi Sigma Iota (Phi Rho Chapter) Fall 2023- present
 - Assist with identify students eligible for induction
 - Send invitations to new inductees while checking for payment of chapter dues
 - Facilitating logistics related to induction ceremony and commemorative certificate/pin/medallions for new inductees and graduates
 - Submission of Fall and Spring Reports
 - Handling off-campus student account regarding money, dues, and any expenses
- Member of Student of Concern Committee Spring 2022- Aug 2023
 - This committee oversees the formal process for monitoring professional dispositions of students in the Counselor Education program.
 - review all Notices of Concern filed by faculty members.
 - Consult with faculty members on an as needed basis, meet regularly (biweekly scheduled and as needed for immediate discussion)

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Williamsburg Counseling- Resident Counselor

June 2018- August 2021

- Provide individual clinical services for adolescents and young adult individuals seeking assistance v9ntli

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- Observe students for at least 1 service hour per student on a daily basis in the classroom setting,
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RESEARCH EXPERIENCE

Refereed publications

- Gutierrez, D., **Mason, N.**, Dorais, S., & Fox, J. (2020). Gradually sudden: Vital spiritual experiences for individuals in recovery from substance use disorders. *Spirituality in Clinical Practice*. Advance online publication. <http://dx.doi.org/10.1037/scp0000218>
- Sperandio, K.R., Gutierrez, D., Kirk, M., Lopez, J., Mason, N. (2021). Post-traumatic growth after the drug-related death of a loved one: Understanding the influence of self-compassion and hope. *The Family Journal: Counseling and Therapy for Couples and Families I-II*. <https://doi.org/10.1177/10664807211052479>
- Mason, N.**, & Gutierrez, D. (2022). Integrating social connectedness in group counseling practice: A new model of recovery for gay men. *Annual Review of Addictions and Offender Counseling Volume V*.
- Mason, N.**, & Mullen, P.R. (2022). Task-oriented Developmental Model of Supervision. *The Journal of Counselor Preparation and Supervision*, 15(2).
- Goshorn, J., **Mason, W. N.**, & Sperandio, K. R. (2022). Does meaning-in-life or self-compassion influence LGBTQ+ identity or outness? *Journal of LGBTQ Issues in Counseling*, 16(4). <https://doi.org/10.1080/26924951.2022.2093309>.
- Goshorn, J., Sperandio, K. R., & **Mason, W. N.** (2022). Hope and thriving in the LGBTQ+ community: Impact on the interaction between identity and outness. *Journal of LGBTQ Issues in Counseling*, 16(3), <https://doi.org/10.1080/26924951.2022.2054490>
- Mason, W.N.**, Haskins, N., & Warraich, L.W. (In Press). Can you Relate to Me?: A New approach for intersectional resilience of LGB African American Clients. *Journal of LGBT Issues in Counseling*. <https://doi.org/10.1080/26924951.2023.2262327>
- Mason, W.N.** (In Press) "Sashaying away from heterosexism": Emerging images of power for queer clients. In N. Smith (Ed.), *Queering connections*. Cognella.
- Branco, S., **Mason, W.N.**, Scherer, R.G., Henry, H., & Moro, R. (In Press). Building a virtual residency: One program's journey. *Journal of Technology in Counselor Education and Supervision*.
- Chaney, M., and **Mason, W.N.** (2024). Queering recovery: A proposed model for LGBTQ+-affirmative relapse prevention. *Journal of Addictions and Offender Counseling*, 45(1). <https://doi.org/10.1002/jaoc.12128>

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LGBTQ+ Safe Space Training.

Queer Considerations in Counselor Education.

*An Introduction to Quantitative Research: Using an SEM for Doctoral
Dissertations*

PREVIOUS TEACHING EXPERIENCE

St. Bonaventure University | Counselor Education Remote Program | Assistant Professor

Lectures

William & Mary | School of Education 2018 – present

Warrach, L.K., & **Mason, W.N.** (2018, October). *Broaching subjects of race, ethnicity, and culture during the counseling process.* Lecture presented in techniques of counseling

Backer, A., & **Mason, W.N.** (2019, July). *School counselors and culturally responsive classroom management.* Lecture presentation presented for online introduction to school counseling.

Mason, W.N., & Hilert, A. (2019, August). *Motivational interviewing: Inspiring clients towards change.* Presentation modified and presented at New Leaf Clinic training.

Adjunct Instructor

Seattle University | Online Clinical Mental Health Counseling Program

COUN 500- Research for Counseling

COUN 5190- Addictions Counseling

COUN 5580- Introduction to Clinical Mental Health Counseling

Spring 2024

Winter 2024

Fall 2023

St. Bonaventure University | Counselor Education Remote Program

CE- 530- Theories & Techniques in Counseling

CE- 640- Introduction to Addictions

Jan 2021- March 2021

May 2021- July 2021

William & Mary | School of Education

EDUC C43: Professional, Ethical, and Legal Issues in Counseling

Feb 2020 – present

- Provided extensive, developmentally-appropriate feedback to module discussions and larger assignments, including papers and case-studies.
- Answer all questions pertaining to assignments, class expectations, and feedback on assignments

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- Evaluated learners based on their understanding of how ethics and legal issues play a role in their professional development as emerging counselors
- Exemplary teaching reviews

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Chi Sigma Iota - Vice President of Professional Development

June 2017- May 2018

- With other elected vice-President of PD, plan and execute School of Education Annual Research Symposium for C&I, Higher Education, and Counseling/School Psychology Graduate Students
- Oversee Research Symposium Committee, consisting of volunteer students, with all logistics and submission requirements for interested parties
- Engage in professional relationship with Career Center and doctoral students for professional development related presentations and seminars to be made available to current graduate students
- Attend monthly Chi Sigma Iota meetings with other officers to assess for progress in yearly plan, including budget, social events, newsletters, and progress towards presidential endeavors

Peninsula Counselors Association (Division of VCA)

September 2017 - May 2018

- Elected as Treasurer and re-instituting, along with co-Presidents, an inactive chapter of VCA
- Perform all duties related to money, record keeping, and assisting with PD events as assigned
- Help execute 'Lunch and Learn' event related to Trauma-Informed Care at local James City County Library for professional counselors and students

HONORS & AWARDS

National Board of Certified Counselors Minority Fellowship Recipient

February 2017

- Winner of fellowship for leadership and excellent in clinically serving minority and transition-age youth with substance related concerns
- Received \$11,000 stipend
- Created and currently implementing Individual Fellowship Plan related to planning for research symposium in Spring 2018 to increase knowledge of serving marginalized populations in clinical, educational, and administrative settings.

Flanagan Family Fellowship

August 2018

- \$2000 scholarship awarded by faculty to pursue doctoral studies in Counselor Education & Supervision
- Awarded based on merit, academic excellence, and commitment to the field

Pete Warren Fellow – Virginia Counselors Association

April 2020

- 100 dollar stipend
- Free membership in VCA for 1 calendar year
- Free VCA 2020 conference registration
- Free registration for attendance at summer Leadership Academy for Emerging Leaders

NAADAC Conference Scholarship

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