

Curriculum Vitae
JAMESON E. NATWICK
May 2022

CONTACT INFORMATION

Email:

EDUCATION

Ph.D., Human Development and Family Science
Specialization: Marriage and Family Therapy
Virginia Polytechnic Institute and State University, Blacksburg, VA

M.S., Marriage and Family Therapy **2020**
Seattle Pacific University, Seattle, WA

Certificate of Completion, Pre-Theology **2015**
Mount Angel Seminary, Mt. Angel, OR
Completed coursework equivalent to a Bachelor's in Philosophy

B.A., Psychology, Carroll College, Helena, MT **2011**
Academic Honors.

LICENSES

Licensed Marriage and Family Therapist (WA)

2010

TEACHING EXPERIENCE

Instructor of Record

April 2019 Present

Research Methods I (MFT 6700)
Seattle Pacific University

Winter Quarter 2020

- Taught qualitative and quantitative methods to graduate students, focusing on the connection between research and clinical practice.
- Facilitated activities, assignments, and discussions to provide students practical and theoretical knowledge.

Spiritually-Infused Systemic Child and Adolescent Treatment (STMC 5760) Summer 2019
Seattle University

- Responsible for prepping a course that met all day for two weekends.
- Engaged students through multiple modes of teaching, such as in-class activities, experiential activities, large and small group discussions, reflection worksheets, and lectures.

Human Sexuality (HD 2314; Online) Sum. 2017; Fall 2017; Spr. 2018; Winter 2019
Virginia Polytechnic Institute and State University

- Facilitated online courses on human sexuality.
- Development assignments and discussion for students to assist students in meeting the objectives of the course.
- Designed exams and conducted grading for the course.

Child and Adolescent Development (HD 1004)

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Teaching Assistant

Compass Health: Children Intensive Services

2015-2016

Child and Family Therapist

- Worked as a leader of an intensive wraparound team advocating and providing treatment to keep children from hospitalization.
- Functioned as an individual or family therapist for clients and/or families of clients completing 500+ hours of direct client contact therapy.
- Collaborated with other systems of care in the community about the needs of the clients and their families.

Dickinson Fellowship: Student Fellow

2014-2015

Seattle Pacific University

- Discussed with members of the Fellowship the topic of encountering people suffering from severe mental illness through literature, research, and presenters.
- Explored issues about mental health from clinical, legal, and family perspectives.
- Participated in NAMI meetings, attended Drug and Mental Health Court, and provided a service project at Clean Start in Seattle, WA.

Lori Thompson Therapy

2014-2015

Therapist Intern

- Delivered therapeutic services for children, individuals, couples, and families.

CLINICAL TRAININGS

Eye Movement Desensitization Reprocessing (EMDR) 2022

Certified by EMDRIA

- Completed both training weekends and necessary supervision as outlined by EMDRIA.

Suicide Risk and Assessment 2015 & 2021

Certified by Washington State

- Educated in risk assessment of suicide, modes to encounter suicide risk, and procedures necessary for clinicians to take when a client is suicidal.
- Informed about at-risk populations and cultural diversity concerning suicide, how clinicians can best encounter different populations and the risk factors within different cultures.

Walking the Delicate Balance: Working Systemically with Complex Developmental Trauma. 2017

Certified by Virginia Association for Marriage and Family Therapy

- Completed training focuses on utilizing attachment, attunement, and aggravation when working with families with complex trauma.

WISe (Wraparound with Intensive Services) Certified 2015

Certified by Washington State

- Trained to implement and partake in Warp-Around Intensive Services as a therapist and to understand the role of other team members.

CPI Training (Crisis Prevention Institute) 2015

Certified by the Crisis Prevention Institute

- Received education on escalation cycle and interventions clinician can use to avoid physical restraints when escalation occurs.
- Learned proper techniques to physically restrain individuals in the least resistive and harmful manner.

CANS (Child and Adolescent Needs and Strengths) Certified 2015

Certified by the John Praed Foundation

- Completed training of CANS assessment for children or adolescents and their families.
- Utilized CANS assessment tool with clients and developed treatment plans.

Prepare-Enrich Facilitator 2013

- Competent in the course work of Prepare-Enrich and completed necessary training to be a facilitator for pre-marital work or marriage enrichment.
- Knowledgeable of interventions and techniques used through Prepare-Enrich and implementing skills with couples in therapeutic sessions.

SUPERVISION EXPERIENCE

Supervise LMFTA In Private Practice

January 2022 - Present

Jameson Natwick Counseling, LLC

- Meet with supervisee twice of month to review clinical caseload and ensure best practices in supervisee's private practice.
- Process legal and ethical questions and situations that supervisee encounters and ensure supervisee is responding appropriately to these situations.

Supervised Graduate Interns

2020 - Present

PRESENTATIONS

- El Helou L., Few-Demo, A. I., & **Natwick, J.** (2018, November). *Go gti kpi 'Cf wv'Ogpau'*
Communication with Parents about Romantic Relationship Maintenance and Dissolution.
Poster presented at the Annual Conference for the National Council for Family Relations,
San Diego, CA.
- Natwick, J.** (2018, August). *Existential Crisis with Environmental Concerns: A Clinical Case.*
Poster presented at the 10th Biannual International Conference on Personal Meaning,
Vancouver, BC.
- Natwick, J.** (2018, August). *Meaning-in-Life and Counseling: Encountering Ambiguous Loss.*
Presentation at the 10th Biannual International Conference on Personal Meaning,
Vancouver, BC.
- Natwick, J.** (2018, August). *What we learn in the dark: Resilience, purpose, flourishing, and the
need for relationships.* Presentation at the 10th Biannual International Conference on
Personal Meaning, Vancouver, BC.
- Natwick, J.** (2018, June). *The Utilization of Hope with Families in High Crisis.* Presentation at
the Annual Conference of the American Family Therapy Academy, Austin, TX.
- Natwick, J.,** Stucki, B., Morgan, A. A. A., & Thomas, M. E. (2017, October). *Experiential
Interventions to Enrich Therapy.* Forum presented at the Annual Conference of the
American Association of Marriage and Family Therapy, Atlanta, GA.
- Thomas, M. E., Morgan, A. A. A., & **Natwick, J.** (2017, February). *Rural mental health service
providers' experiences with relational therapy: A phenomenological informed inquiry.*
Poster presented at the Annual Conference on Advancing the Human Condition,
Blacksburg, VA.

PROFESSIONAL ORGANIZATIONS

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| American Association of Marriage and Family Therapists
<i>Clinical Fellow</i> | 2013 - Present |
| Washington Association of Marriage and Family Therapy
<i>Member</i> | 2018 - Present |
| Headstrong Association: Supporting Families and Individuals
with Pediatric Traumatic Brain Injuries
<i>Board Member</i> | 2019 - 2020 |
| Graduate Academy of Graduate Teaching Excellence- Member
<i>Virginia Polytechnic Institute and State University</i> | 2017 - 2020 |

Family Therapy Center: Undergraduate Mentor **Fall 2017; Summer 2018; Fall 2018**
Virginia Polytechnic Institute and State University

- Engaged with mentees in conversations regarding the therapeutic process and their observations from observing sessions.
- Discussed discernment of the future career and interests of my mentee.
- Outlined the process of graduate school and answered mentees' questions

Student Representative to Marriage and Family Therapy Faculty Meetings **2013-2015**