

Ashley E. Coombs, Ph.D., LPC, ACS, NCC, CAADC

EDUCATION

Ph.D. in Counselor Education & Supervision Dec. 2021
Indiana University of Pennsylvania, Indiana, PA
Dissertation Title: *Integrating Multicultural and Social Justice
Counseling Competencies into Practicum Training Experiences:
A Case Study*

MA in Clinical Mental Health Counseling Dec. 2014
Indiana University of Pennsylvania, Pittsburgh, PA

BA in Psychology May 2012
Shippensburg University, Shippensburg, PA

LICENSES & CERTIFICATIONS

Licensed Professional Counselor (LPC-PA) #PC010273
Approved Clinical Supervisor (ACS) #3171
Board Certified Counselor (NCC) #347575
Certified Advanced Alcohol and Drug Counselor (CAADC) #10440

Tenure-Track Assistant Professor
Department of Counselor Education & Student Affairs
Kutztown University, Kutztown, PA

Aug. 2020-Aug. 2022

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Adjunct Faculty

Aug. 2019-May 2020

Department of Social Sciences & Criminal Justice
Pennsylvania Highlands Community College, Ebensburg, PA

- *Introduction to Counseling*
 - Course modalities: in-person
- *General Psychology*
 - Course modalities: in-person; online synchronous
- *Abnormal Psychology*
 - Course modalities: in-person
- *Human Development Across the Lifespan*
 - Course modalities: in-person; online synchronous

Temporary Faculty

Aug. 2019-Dec. 2019

Department of Counseling
Indiana University of Pennsylvania, Indiana, PA

- *Clinical Mental Health Individual Counseling Practicum*
 - Course modalities: in-person

Guest Lecturer

Oct. 2018

Department of Counseling
Indiana University of Pennsylvania, Indiana, PA

- *Group Counseling Theory*
 - “Process & persistence: How to effectively conduct a literature review”

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Guest Lecturer

Department of Professional Studies in Education
Indiana University of Pennsylvania, Indiana, PA

- *Qualitative & Mixed Method*

March 2018

Outpatient Drug & Alcohol/Mental Health Counselor
SPHS CARE Center/SPHS Behavioral Health, Washington, PA

Mar. 2015-Sept. 2016

Family-Based Therapist
Pressley Ridge, Washington, PA

June 2014-June 2015

Mental Health Counselor III
Pittsburgh Mercy Behavioral Health, Pittsburgh, PA

Nov. 2013-May 2014

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Coombs, A. E., & Sager-Heinrichs, B. (2021, March). *One for all: Ethical considerations for the alignment of addiction counseling credentials*. Virtual education session presented at the annual Law and Ethics in Counseling Conference.

Shannon, E., Peace, E., & **Coombs, A. E.** (2020, February). *Changing the code: A case for reframing the ACA's approach to multicultural competency*. Roundtable session presented at the annual Law and Ethics in Counseling Conference, New Orleans, LA.

Coombs, A. E., & Sager-Heinrichs, B. (2019, October). *The hardest balancing act: Maintaining wellness as a counselor-educator-in-training while avoiding professional identity burnout*. Roundtable session presented at the biennial conference of the Association for Counselor Education and Supervision, Seattle, WA.

Coombs, A. E. & Corbett-Contorchick, L. (2019, February). *Re-imagining a competency-based approach to multicultural supervision: An ethical imperative*. Roundtable session presented at the Law and Ethics in Counseling Conference, New Orleans, LA.

Desmond, K. J., Mallis, S., Andrews, R. & **Coombs, A. E.** (2018, April). *Continued professional development: Is a Ph.D. for me?* Roundtable session presented at the annual conference of the American Counseling Association, Atlanta, GA.

Coombs, A. E., & Bruno, M. (2015, October). *Into the unknown: First-generation counseling students' challenges and obstacles to success post-graduation*. Roundtable session presented at the biennial conference of the Association for Counselor Education and Supervision, Philadelphia, PA.

Bruno, M. & **Coombs, A. E.** (2015, October). *Leading by example: Teaching students culturally relevant skills through service learning*. Education session presented at the biennial conference of the Association for Counselor Education and Supervision, Philadelphia, PA.

Hyatt-Burkhart, D. & **Coombs, A. E.** (2015, October). *Incorporating culturally sensitive systems-focused approaches in the teaching of non-family-oriented coursework*. Education session presented at the biennial conference of the Association for Counselor Education and Supervision, Philadelphia, PA.

West, S. & **Coombs, A. E.** (2013, October). *A counselor education program's model for gatekeeping practices: Examining the Student Review Process*. Education session presented at the biennial conference of the Association for Counselor Education and Supervision, Denver, CO.

Regional:

Homer, M., & **Coombs, A. E.** (2022, November). *Building bridges between drug and alcohol counseling culture: A focus on research and application*. Education session accepted to the biennial conference of the North Atlantic Region for Counselor Education and Supervision, Pittsburgh, PA.

Coombs, A. E. (2022, February). *End of an era: Moving away from the 'Big T, Little t' framework for understanding trauma in counseling*. Virtual education session presented to the annual meeting of the Greater Philadelphia Area Counseling Association Trauma Symposium.

Coombs, A. E., & Sager-Heinrichs, B. (2020, November). *Avoiding burnout before graduation: Wellness in the professional identities of doctoral students*. Education session accepted to the biennial conference of the North Atlantic Region Association for Counselor Education and Supervision, Pittsburgh, PA.

State:

Coombs, A. E., Guy, K., & Boratyn, M. (2023, April). *Millennials to Gen Z's: Exploring generational views on wellness and burnout among counselor trainees*. Education session presented to the annual meeting of the Chi Sigma Iota Pennsylvania-Statewide Conference, Indiana, PA.

Pollard-Kosidowski, B. L., **Coombs, A. E.**, Jancay, K., Resurreccion, A., Buchanan, L., & Cuampa, T. (2022, October). *Pennsylvania Association for Specialists in Group Work: Empowering group members to become agents of change*. Panel discussion presented to the annual conference of the Pennsylvania Counseling Association, Pittsburgh, PA.

Sager-Heinrichs, B., & **Coombs, A. E.** (2022, October). *n*

Lund, S., Green, C., Hanna, T., & **Coombs, A. E.** (2021, November). *PCA Committee for Anti-Racism and Inclusive Action (CARIA): Origins, purpose, and future directions*. Education Session presented to the annual conference of the Pennsylvania Counseling Association, Valley Forge, PA.

Andrews, R., & **Coombs, A. E.** (2020, April). *Counselor*

Local:

Coombs, A. E., Reviere, E., Pursell, R., & Belskie, E. (2022, March). *Fostering resiliency in the wake of trauma: How to attend to self-care using a social justice framework*. Education session presented at the 12th annual meeting of Commission on Human Diversity Conference, Kutztown University, Kutztown, PA.

Coombs, A. E. (2021, February). *Virtual learning and student engagement: Tips for incorporating Mentimeter*. Presentation at the Center for the Enhancement of Teaching, Kutztown University, Kutztown, PA.

Invited Presentations:

Coombs, A. E. (2022, March). *Trauma and addiction in group work: Strategies for best practice*. Educational webinar to be presented to the P 0.78tkd()T3 0 Td()T0.7he T0.2/.he T0.2T0 1 Tf0.

Coombs

Volunteer Coordinator , Conference Planning Committee Pennsylvania Counseling Association	Feb. 2021-Nov. 2021
President Pennsylvania Association for Specialists in Group Work <ul style="list-style-type: none"> • <i>Recipient of the ASGW Outstanding State Branch Award (2019)</i> 	Sept. 2019-Jun. 2021
Committee Member , Committee for Anti-Racism and Inclusive Access Pennsylvania Counseling Association	Feb. 2021-Apr. 2021
Taskforce Member , Anti-Racism Taskforce Pennsylvania Counseling Association <ul style="list-style-type: none"> • <i>Recipient of the David W. Hall Advocacy Award (2021)</i> 	June 2020-Jan. 2021
Committee Member , Conference Planning Committee Association for Specialists in Group Work	Sept. 2018-July 2020
Committee Member , Conference Planning Committee North Atlantic Region Association for Counselor Education & Supervision <ul style="list-style-type: none"> • <i>CACREP Training Subcommittee</i> 	Dec. 2018-Aug. 2020
Secretary-Treasurer Pennsylvania Association for Specialists in Group Work	Sept. 2017-Sept. 2019
Conference Volunteer Coordinator Association for Specialists in Group Work	Aug. 2019-Feb. 2020
Graduate Student Liaison Pennsylvania Counseling Association	2014-2015
<u>Volunteer Service:</u>	
Editorial Board Member International Journal for the Advancement of Counselling	Aug. 2022-Present
Editorial Board Member Journal for Specialists in Group Work	July 2021-Present
Conference Proposal Reviewer American Counseling Association	June 2023
Conference Proposal Reviewer American Counseling Association	June 2022
Conference Proposal Reviewer American Counseling Association	August 2021

Conference Proposal Reviewer
Association for Counselor Education and Supervision

April 2021

Peer Reviewer, Graduate Student Newsletter
Association for Spiritual, Ethical & Religious Values in Counseling

Jan. 2020-Jan. 2021

Student Volunteer

Oct.

Departmental/Programmatic Activities

Member, Counseling Department Admissions
Committee
Kutztown University, Kutztown, PA

October 2021-Aug. 2022

Member,

Curriculum Co-construction
Department of Counseling
Indiana University of Pennsylvania, Indiana, Pa

May 2015-Aug. 2015